

Supporting Your Child's Transition to Berkswich CE Primary School

As your little one embarks on this new adventure,
here are some ways that you can guide them:



Talk Excitedly: Share your happy school memories with your child and talk about the exciting experiences awaiting them.

Attend school events: Take advantage of opportunities to visit your child's new setting before the start date. Familiarise your child with their new environment and meet their new teachers.

Mirror Routines: Create a daily routine at home that mirrors the schedule of the new setting. Provide a sense of security and predictability during the transition.

Encourage Expression: Encourage your child to express their feelings about starting school. Listen attentively and validate their emotions to ease any worries that they may have.

Stay Safe Online: It's never too early. More and more pre-schoolers have access to tablets or parents' devices. See advice on simple things that you can do to make sure that they develop early safe habits (internetmatters.org/advice/0-5)

Positive Drop-offs: Maintain a positive and reassuring attitude during drop-offs. Assure your child that you will return to pick them up later, building their confidence and trust.

Special Goodbye Rituals: Create a special goodbye ritual, like a unique handshake or a quick hug, to provide comfort and security before they enter the classroom.

Establish Connection: Connect with the school and your child's educators. Attend meetings, engage in conversations about their progress, and participate in school activities.

Read Together: Read books about starting school to normalise and familiarise your child with the experience. Use this time for discussions about their feelings and expectations.

Be Patient and Supportive: Be patient and supportive as your child settles into their new routine. Understand that transitions take time, and every child adjusts at their own pace.

