

Self-Regulation: Listening and Following Instructions

In this unit, I will...

- understand why it is important to listen carefully.
- listen attentively and respond to what I hear.
- listen attentively to a story.
- show an ability to follow instructions involving several ideas or actions.
- understand why it is important to tell the truth and think about the feelings of others.
- be confident when trying new activities or challenges, showing independence and perseverance

Important words

listen
listening
understand
truth
honest
friends
feelings
persevering



We need to have our good listening ears on at school.

We listen so that we can learn, so that we stay safe and so that we can have conversations with others;

We listen so we listen carefully to instructions; so that we understand stories or so that we know what is happening.



It is kind to be truthful and honest with our friends.