

**PART ONE:**

Stand up, shoulders down  
Back straight, smile, don't frown!  
Shake your body now breathing in  
We are ready let's start to sing.

**PART TWO:**

Stamp your feet, clap your hands  
Click your fingers and turn around  
Reaching up and sliding down.

**PART THREE:**

Move your mouth articulate  
Your tongue and teeth and lips are great!  
Try it now don't hesitate  
Remember to articulate!

**NOW IN PARTS TOGETHER**

**PART ONE: 2 times through then Let's sing!**

**PART TWO: 2 times through then Let's sing!**

**PART THREE: 4 times through then Let's sing!**